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ЖАНГ САНЪАТИДАГИ АНЪАНАЛАР ВА ЯНГИЛИКЛАРНИНГ НИСБАТИ

**СООТНОШЕНИЕ ТРАДИЦИЙ И НОВАЦИЙ В СПОРТИВНЫХ
ЕДИНОБОРСТВАХ**

THE RATIO OF TRADITIONS AND INNOVATIONS IN MARTIAL ARTS

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Аннотация

Маълумотни назарий тўплаш ва таҳлил қилиш усулларига асосланиб, мақолада кураш ва жанг санъатидаги анъаналар ва янгиликлар ўртасидаги муносабатларнинг айрим жиҳатларини ўрганиш натижалари келтирилган. Олинган маълумотлар шуни кўрсатадики, кураш ва турли жанг санъатлари анъаналари ва янгиликларини билиш спортни ривожлантириш тенденцияларини, унинг фаолиятининг ўзига хос хусусиятларини яхшироқ тушунишга, шунингдек уни янада ривожлантириш истиқболлари тўғрисида тахминлар қилишга имкон беради.

Калит сўзлар: анъаналар, янгиликлар, спорт, жанг санъати, ўзаро ҳамкорлик

Аннотация

В статье на основе методов теоретического сбора и анализа информации представлены результаты изучения некоторых аспектов взаимосвязи традиций и новаций в спортивной борьбе и видах единоборств. Получены данные, свидетельствующие о том, что познание традиций и новаций в спортивной борьбе и разных единоборствах позволяет глубже понять тенденции в развитии спорта, особенности его функционирования, а также строить предположения о перспективах его дальнейшего развития.

Ключевые слова: традиции, новации, спорт, единоборство, взаимодействие.

Annotation

Based on the methods of theoretical collection and analysis of information, the article presents the results of studying some aspects of the relationship between traditions and innovations in wrestling and martial arts. The data obtained indicate that the knowledge of traditions and



innovations in wrestling and various martial arts allows us to better understand the trends in the development of sports, the peculiarities of its functioning, as well as to make assumptions about the prospects for its further development.

Keywords: traditions, innovations, sports, martial arts, interaction.

Relevance

Traditions and innovations, as you know, are categories of a cultural approach. They are an objectively existing reality, which so far rarely comes to the attention of specialists in the field of sports, in particular, in wrestling and martial arts [3, 4]. At the same time, the study of sports through the prism of the correlation of traditions and innovations can reveal certain trends, mechanisms of sports development and plan prospects for their further approval in the sports world. The relevance of this work is determined by the fact that such studies concerning the correlation of traditions and innovations in various martial arts in Russia and in the former USSR countries have not actually been conducted yet.

Methods and Organization of Research

The study used the analysis and generalization of data from special literature, culturologist-acmeological approach, induction, deduction, comparison. The study was conducted on the basis of Belgorod State University, T.G. Shevchenko Pridnestrovian State University, West Kazakhstan University of Innovation and Technology in 2018-2019.

Discussion of the Results of the Study

As the study showed, the ratio of traditions and innovations is a phenomenon objectively present in all the diversity of modern life. When we pronounce the word "new", then at the same moment we naturally contrast it with something old, old, and therefore "traditional". The expressions "innovations", "new technologies", "innovations", "traditions" and concepts close to them are widely used in various types of human activity. Since physical culture is a "type of culture of society" [1, 2], it is fully closely related to the concepts of "tradition" and "innovation" both in theory and in practice of physical culture and sports activities. In this article, only three aspects of the correlation of traditions and innovations in the types of wrestling are touched upon.

The first aspect is the origin of the type of wrestling, martial arts. In practice, there are several main ways of the appearance of wrestling in each individual country. The first way is the emergence of a struggle based on one's own national ideas, origins, historical prerequisites, peculiarities of the development of everyday life, cultural customs, etc. Such types of struggle are called "national" or "national". They exist in many countries as their own national tradition (for example, in Kazakhstan – wrestling "Kazakhsha kures", in Moldova – "trynta", in Kyrgyzstan – "kuresh", in Tatarstan – "koresh", in Yakutia – "hapsagai", in Georgia - "chidaoba", in Latvia - "hey gift", in Uzbekistan – "kurash" and so on). These types of wrestling or martial arts, being born as folk phenomena, later became and are becoming popular types of sports wrestling. For example, the Championships of Asia, Europe and the



world are already being held in Kazakh wrestling "Kazakhsha-kures". Thus, one can observe how a specific cultural and historical phenomenon - national wrestling (the tradition of the people) is gradually becoming a sport (innovation).

Another way is to borrow a struggle that was born in one country (tradition), by another country (innovation). In Russia and in other countries of the former USSR, such types of wrestling (martial arts) should include, first of all, the cultural traditions of Japan (judo, karate, Aikido), China (wu-shu, wing chun), Korea (taekwondo). In this case, the adaptation of foreign traditions naturally occurs, which as a result can lead to the "rebirth" of the former tradition into a kind of struggle with new national characteristics. For example, there is an expression "Russian karate" in narrow circles of specialists.

There are also situations when a new type of wrestling appears as a result of the compilation of various types of martial arts. The classic case is the creation of sambo wrestling (an innovation based on borrowing many national traditions of other peoples). This trend has actually appeared for a long time and currently it continues to develop actively (a vivid example is mixed martial arts, built on shock and throwing techniques).

The next aspect concerns the problem related to the formation and functioning of federations of types of wrestling and various martial arts. The problem is quite acute and painful. It happens that there is a new kind of wrestling, martial arts, which is becoming very popular. In the process of its development, several competing federations are created simultaneously or at different times. They are fighting among themselves for the indisputable primacy and recognition with varying success. In order to reduce sports competition, or completely remove it for a while, many different versions and styles are often created in one type of wrestling (martial arts). In other cases, on the contrary, they try to unite forces into a single federation or association.

The third aspect relates to the rules of the competition, where traditions and innovations also interact. As the history of the development of types of wrestling (martial arts) shows, innovations appear here in order to eliminate controversial points when conducting a duel and determining winners, increase the dynamism of fights, increase their entertainment.

Conclusion

The conducted research shows that the types of wrestling and various martial arts have in fact always represented and represent an interesting cultural phenomenon of dialectical interaction of traditions and innovations in the course of historical development. At the same time, in each type of wrestling (single combat), it is possible to distinguish both specific correlations of traditions and innovations, and general typical patterns. It is revealed that innovations are more common not of the absolute type, but of the relative type. The appearance of innovations necessarily has certain reasons, practical reasons.

Research in this direction makes it possible to better understand the existing trends in the development of wrestling and martial arts, their dynamics and allows you to successfully search for ways, approaches to effective management of this process in the present and build certain forecasts, plans for the future.



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