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**ORGANIZATIONAL FORMS OF ACTIVITY OF AVERAGE MEDICAL STAFF'S  
REHABILITATION DEPARTMENTS**

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**Abstract**

The increase in the population's need for hospital rehabilitation care and the reform of nursing require a significant change in the functions and organization of work of nursing staff, which will contribute to a more rational use of the potential of medical workers. Expanding the powers of a nurse, increasing the prestige of this profession, a modern approach to the process of providing nursing care to a patient - all this requires the introduction of new forms of organizing the work of nurses [1,3,4].

**Keywords:** nursing, rehabilitation, hospitals, medical care, population.

**Introduction**

Rehabilitation nurses in a multidisciplinary team are only assumed, there is no description of the features of the nursing rehabilitation process. At the same time, the issues of organizing and planning the nursing rehabilitation process have not been sufficiently covered in the domestic literature, the place, role and importance of the nurse in the modern rehabilitation system have not been determined, there are no scientifically based recommendations for optimizing the work of nursing staff in the departments of rehabilitation treatment and rehabilitation of multidisciplinary hospitals. [2,4].

The aim of the study is to develop a set of measures to optimize the activities of nurses in rehabilitation departments in hospitals.

**Research Materials and Methods:**

The characteristics of the research base, the organization and methodology of the research, which is a comprehensive socio-hygienic, rehabilitation-expert and sociological research, in which, based on a systematic approach and using modern statistical, analytical, direct observation, sociological and expert methods, an analysis was carried out activities of nurses involved in the complex rehabilitation of patients.



The observation period covered 2021-2022. To solve the tasks set, the author has developed scientific tools: a questionnaire for a survey of nurses. The level and severity of disability due to diseases are analyzed.

### **Results of the Study:**

It is devoted to the analysis of the socio-demographic and professional characteristics of the nursing staff involved in the comprehensive rehabilitation of the disabled in the psycho-neurological boarding school.

Among the interviewed nurses, the absolute majority were women - 92.3%. In the age structure of the respondents, more than 1/3 (36.3%) were dominated by persons from 31 to 40 years old. A slightly smaller proportion of nurses aged 21 to 30 is 28.7%. Nurses over the age of 40 accounted for 12.6%. The smallest group among the respondents (7.0%) were people over 50 years old. Of the males, there were predominantly young people: up to 30 years old - 2.8%, and from 31 to 40 years old - 4.2%. One third (32.9%) of all respondents have the highest qualification category; more than half (55.9%) of nurses do not have a qualification category; nurses with more than 20 years of experience (30.7%) do not have a qualification category.

Unlike nurses of a non-psychiatric profile, the professional qualities of nurses of a psycho-neurological boarding school are characterized by knowledge in the field of general psychopathology and clinical psychiatry, which allow them to provide qualified pre-hospital psychiatric care.

The survey showed that 98.6% of the interviewed nurses have sufficient knowledge and skills about the features of work, treatment, care and monitoring of people with disabilities with schizophrenia. At the same time, nurses with an experience of up to 10 years have a statistically significant, more incomplete knowledge of this nosology ( $p < 0.05$ ). 94.4% of nurses have full knowledge and skills in treatment and care disabled people with mental retardation (differences in the length of service groups are not statistically significant -  $p > 0.05$ ), 90.2% - with epilepsy ( $p > 0.05$ ), 90.2% - with organic diseases of the brain ( $p > 0.05$ ). The list of ways for nurses to participate in activities that go beyond medical activities, their functional duties reflects the specifics of the rehabilitation work that is carried out in a psycho-neurological boarding school, and is practically impossible without the participation of nurses. The analysis showed that the priority activities for them (drug treatment and non-drug therapy) were identified in 100.0% of those participating in the sociological study. A significant proportion of respondents (81.1%) maintained the motor activity of the disabled (differences in length of service groups are not statistically significant -  $p > 0.05$ ). A little less of the interviewed nurses participated in the promotion of social (85.3%) and social-environmental (78.3%) activities (differences in the length of service groups are not statistically significant -  $p > 0.05$ ).

### **Discussion**

It was found that: 88.4% of respondents with more than 20 years of experience attached importance to learning to maintain a healthy lifestyle a little less - 81.8% with a medical experience of up to 5 years ( $p > 0.05$ ); the same ratios in the topic of the need to comply with the regime of the day (88.4% and 81.8%, respectively) (differences in the length of service



groups are not statistically significant -  $p > 0.05$ ). Most of the respondents (84.0%) with more than 20 years of experience participated in teaching physical education and health activities to parents, and a smaller part (63.6%) with a medical experience of up to 5 years (differences in experience groups are not statistically significant -  $p > 0.05$ ).

The results obtained allow us to state that the range of functional duties of nurses has changed due to an increase in the vector of social functions, which requires a change and expansion of job descriptions for middle-level medical personnel. Teaching relatives and family members the skills of caring for and rehabilitating children with developmental anomalies is also part of the rehabilitation activities of nurses. Of the total number of respondents, 68.5% taught relatives how to care for children, 52.4% - various rehabilitation measures. The rehabilitation activity of nurses working in primary health care, as it was found, is multifaceted. It can be represented as a model of interaction between nursing staff and specialists of a multifunctional team in the implementation of complex rehabilitation, in which, in addition to medical rehabilitation, which reflects drug treatment and non-drug therapy, there are social, social, environmental, sports and recreational activities. The rehabilitation model includes educational assistance to the disabled, their relatives and leisure activities for children. In addition, the rehabilitation model covers the creation of comfortable living conditions for children.

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