



THE CONCEPT OF “SPIRITUAL ACTIVENESS” AND ITS SOCIO- PHILOSOPHICAL ANALYSIS

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ABSTRACT

The concept of “Spiritual activity” in the article, the importance of the ideas of justice, goodness, honesty and beauty in its formation. It is explained that these ideas not only invite creativity, but also express the hopes of the people living in that society for a prosperous life, mobilize them to work together, and mobilize them for good deeds for the development of society.

Keywords: Spiritual activeness, spiritual enlightenment, spiritual maturity.

Introduction

Man is distinguished from the creatures on earth by his mind, thinking, so to speak, spiritual thinking. When a person learns about the world and understands unfamiliar events, he turns to spirituality, whether he knows it or not, and it appears as a guide to a person. As the President of the Republic of Uzbekistan Sh.Mirziyoev noted, “In my opinion, there is a great illuminator of the human world - the lamp of spirituality.

The difference between this lamp and others is that it illuminates a person's mind and thinking, awakens his heart and conscience, and strengthens the feeling of humanity.

As we begin to create a new era of revival of Uzbekistan, it is necessary that such a spirit of spirituality shine on the hearts and minds of each of our compatriots, encourage us to good deeds and to live with a high sense of responsibility”¹.

In order to accept this invitation as a program and to explain the processes related to its implementation, first of all, it is necessary to deeply study the concepts of spirituality and the spiritual world, and to shed light on the concept of spiritual activity, which is one of the types of activities carried out during a person's life, from a socio-philosophical point of view.

As a scientific-philosophical term, the concept of “spirituality” has been given many definitions, and one of the definitions revealing its essence can be found in I. Karimov's work “High spirituality is an irresistible force”. In this work, it is said that “Spirituality is an incomparable force that calls a person to spiritual purification, to the growth of the soul, to the inner world of man, to the strength of his will, to the integrity of his faith, to the awakening of

¹ Mirziyoev.Sh. "New Development Strategy of Uzbekistan". T.: "Uzbekistan" 2022. P.-263.



his conscience, the criterion of all his views”². In the book “Lessons of Spirituality” it is defined as “Spirituality is a comprehensive system of human knowledge, experience, work skills, morals, faith and ideological views”³. The spiritual maturity of a person is the ability to put his human dignity above all else, to realize that his own interests are not higher than the interests of others, and to understand the need to act wisely in matters of life and death. The activity of people in the world in which they live and the movement based on high human feelings as a participant rather than an observer is a clear manifestation of spiritual activity.

Before entering into an in-depth analysis of this concept, it is appropriate to give it a certain definition based on the study and the acquired knowledge and experiences. **Spiritual activity is an active action related to the development of one's own spiritual world and the spiritual world of the people around him, observing the rules of social etiquette, and implementing initiatives aimed at regularly filling in the spiritual gaps in the human life.**

One of the main types of human activity in relation to the outside world is the activity in the cultural sphere. In terms of human potential, culture emerges through spiritual activity and takes place in the form of spiritual assimilation of reality. *Spiritual activity* is the reason for innovations in all spheres of social life due to the fact that it is based on the development of material culture. In addition, in the history of civilization, based on achievements in various fields of production, science and industry, the spiritual activity of man has passed through different stages and the infinity of its inner world, and the socio-philosophical study of human thinking will find its proof. Spiritual activity is based on pure individuality and is related only to the manifestations of consciousness, the characteristics of personal spiritual belonging in accordance with the activity of the human personality.

From history to the present day, the issue of spiritual activity has been studied in Eastern and Western philosophical teachings together with the concept of individual spirituality, and there are views on individual spirituality its various forms. In this regard, important views were put forward in the works of great thinkers such as Alisher Navoi, Muhamad Ghazoli, Jalaluddin Rumi, Khoja Ahror Vali. In addition, in "Spirituality: an explanatory dictionary of the main concepts" were given detailed comments which were being used and analysed in scientific-social processes and solely appearing on the basis of spirituality. In particular, a) concepts that serve the formation of positive characteristics: spiritual wealth, spiritual succession, spiritual heritage, spiritual duty, spiritual ideal, spiritual courage, spiritual education, spiritual virtues, spiritual needs, spiritual renewal, spiritual values;

b) concepts that serve to derail the life of society: spiritual corruption, spiritual weakness, spiritual damage, spiritual vices, spiritual losses, spiritual aggression, spiritual dependence, spiritual life, the harmony of spirituality and materiality⁴.

Although the above-mentioned concepts have been given a comprehensive definition, it can be said that a complete definition of the concept of spiritual activity has not yet been developed. Until us, directly the problem of the socio-political system of developing the spiritual activity

² Karimov I.A. High spirituality is an invincible power. - T.: Spirituality. 2008.

³ Gofurob Z., Toshev S. Spiritual Lessons, Karshi "Nasaf" 1998, p. 11

⁴ "Dictionary of Spirituality Basic Concepts". Q. Nazarov and others. Publishing House of National Society of Philosophers of Uzbekistan, Tashkent. 2021 year. 314-344 p.



of a person has not been researched. That's why I. Karimov in his writings defines the concept of spiritual activeness as “the concept of spiritual means the inner world of a person, it embodies “mind, spirit and soul”⁵. We can also see that the notion of “spirituality” is used in the works of A. Navoi, “the king of the world of words”, in the forms of “meaningfulness”(having a meaning) based on the concept of “spirituality”. For example, Navoi's "Lison ut-Tayr" says:

“There was in Egypt generous human,”

“In the sense of the world, state master man”

In other words, we witness that he described the owner of the land of Egypt as the generous and his spiritual world as “the owner of the world's knowledge”.

We can see that from one of the prominent scholars, Muhammad Ghazali, who focused on the concept of “spirit and soul” in his works in the form of his socio-philosophical views regarding “spiritual activeness”. In one of Ghazali's works, in the book “Tavba” (Repentance)⁶ of “Ihyai Ulum Ad-Din”, the Spirit is interpreted as an invisible, improver substance. It is stagnant in the brain and the conscience is the place of intuition and emotions, and it is located in the heart. Faith and Will are the developing human qualities, consisting of Spirit and Conscience. Analyzing the concept of “spirituality”, it is necessary to assume that this phenomenon is given a specific explanation for Eastern philosophy.

The historical fact shows that the word “spiritual” was first used in “Masnaviyi ma’navi” - an epic about the spiritual world of Man⁷, written by Jalaluddin Rumi, who lived in 1207-1270. After that, the concept of “spiritual” began to be widely used by representatives of Eastern irfon philosophy (Sufism)⁸. For example, Khoja Ahror Vali (1404-1490) in his work “Risolai Volidiya”⁹ strongly emphasizes that “the spirit of perfect people influences the spiritual world of the next generations”. In this regard, we believe that it is correct to conclude that the spiritual world of a person is his human essence, without denying the diversity of views and approaches to the issue of spirituality.

The analysis of the concept of spirituality shows that the issue of spiritual activeness is at its root. Philosophers have different views on the concept of activity, which represents the process of activity in human life. The word “Activity” (translated from Arabic - fast, intense action) is defined as “the progressive and striving act of a person towards a specific goal”¹⁰. If you pay attention, three factors gain an important place and importance in the activism. These will include:

- ✓ having clear goals;
- ✓ progressiveness;

⁵ Karimov I.A. High spirituality is an invincible power. - T.: Spirituality. 2008. 19–p

⁶ See: Ghazali A.H. The book “Tavba” (Repentance)” by Ihya Ulum ad-Din. - T.: "Movarounnahr", 2003. B. 72.

⁷ "Masnaviyi Manavii" - an epic about the spiritual world of man" by Rumi. 2003

⁸ Komilov N. Sufism. T. "Movarounnahr", 2009. p. 161.

⁹ See: Khoja Ahrori Wali. "Risolai validia". T.: New age generation, 2004. B.-20.

¹⁰ Spirituality: an annotated dictionary of key concepts. Compiler and responsible editor Q. Nazarov. - T.: Publishing house named after Gafur Ghulam. 2009. p. 578.



✓ eagerness. We can say that this is a relatively complete approach. Therefore, activity is a conscious action carried out as a result of knowledge and experience, and its main condition is initiative¹¹. It is from this core that awareness of responsibility becomes important in the implementation of initiatives related to spiritual activism. This process requires the development of a systematic program of action. But we must mention that in our current scientific research, we have not come to a unanimous approach (determinization) in this matter. Currently, in the scientific literature, the characteristics of the spiritual activity of a person are emphasized, such as “self-awareness of a person, coordination of every movement with his spiritual activity”¹². According to our approach, **the basis of spiritual activity of a person is knowledge, high consciousness and moral maturity**. It should be noted that the individual's spirituality is an important factor. According to it, the spirituality of the individual is “the protection of the soil, water, air, land - the total wealth of the Motherland, respecting the rights and freedoms of every citizen. It is also an honor to act with a sincere conscience, faith, belief, loyalty, trust, honesty, kindness, selflessness and intellectual power”¹³. If we pay attention, we can see that a person's spirituality is not only a virtue, quality or characteristic, but also manifests itself in the form of behavior and activities. For this reason, philosophers believe that personal spirituality “consists of right thinking, unity of words and actions, honest work and good morals for a person to live happily”¹⁴. In this respect, the level of a person's spirituality is expressed by the extent to which he lives in compliance with the social and moral values of his society.

The ideas of justice, goodness, honesty and beauty are important in the spirituality of a person. These ideas, in turn, not only encourage the individual to be creative, but also express the hopes of the people living in that society for a prosperous life, and have the power to move them together in the development of the society. Taking into account the above, scientists firmly emphasize that “the spirituality of a person is understood as a set of spiritual and moral values that have been refined through various tests throughout the long history of our nation and are only appreciated in the form of positive qualities”¹⁵. For this reason, the high spirituality of a person serves as the basis for his spiritual activeness. So it is, **“Spiritual activity” is considered to be the activity of the mind, and human feelings about the material and spiritual world during a person's life are manifested in his thinking, in the form of ideas urging action. It mobilizes good deeds for the development of society.**

¹¹ Қаранг: Борисова Т.С. Активность и инициативность как основа формирования социальной ответственности учащейся молодежи.// Вестник ТГПУ. 2011. выпуск 1 (103)

¹² Spirituality: an annotated dictionary of key concepts. Compiler and responsible editor Q. Nazarov. - T.: Publishing house named after Gafur Ghulam. T.: 2009. p. 579.

¹³ That source. 635 p.

¹⁴ Spirituality: an annotated dictionary of key concepts. Compiler and responsible editor Q. Nazarov. - T.: Publishing house named after Gafur Ghulam. T.: 2009. p. 635.

¹⁵ That source. 635 p.



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