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## PROBLEM-BASED LEARNING (PBL) IN TEACHING MATHEMATICS

Djurayeva Rano Kayumovna Teacher of Mathematics Academic Lyceum of TSTLII +998-91-134-05-30

# **Abstract**

Problem-Based Learning (PBL) is an instructional approach that has gained recognition and popularity in teaching mathematics. It shifts the focus from rote memorization and procedural understanding to engaging students in authentic problem-solving activities. PBL encourages students to actively explore and construct their understanding of mathematical concepts by tackling real-world problems or challenging mathematical tasks.

**Keywords**: Problem-Based Learning (PBL), collaborative learning, cooperative learning, teamwork, communication skills, active participation, peer support, authentic problem solving.

#### Introduction

**Problem-Based Learning (PBL).** PBL provides students with opportunities to solve realworld problems or complex mathematical tasks that require critical thinking, analysis, and application of mathematical concepts. By working on authentic problems, students develop a deeper understanding of the relevance and practicality of mathematics, bridging the gap between theory and real-life situations. Authentic problem solving is a key component of Problem-Based Learning (PBL) in mathematics education. It involves presenting students with real-world problems or challenging mathematical tasks that reflect authentic situations or contexts. Authentic problems are relevant to students' lives and have practical applications beyond the classroom. They connect mathematical concepts to real-life situations, professions, or everyday experiences. This relevance helps students see the value and importance of mathematics in solving problems they may encounter in their personal and professional lives. Authentic problems provide a meaningful context for learning mathematical concepts. By placing mathematical concepts within a real-world context, students can better understand and apply mathematical ideas. This contextualization helps students make connections between abstract mathematical concepts and concrete situations, enhancing their conceptual understanding.

Authentic problem solving requires students to engage in higher-level thinking skills, such as analysis, synthesis, evaluation, and creativity. Students must analyze the problem, identify relevant information, apply appropriate mathematical concepts, and develop strategies to solve the problem. This process promotes critical thinking, reasoning, and problem-solving skills. Authentic problems often have multiple valid solutions or approaches. This allows students to explore different strategies, make conjectures, and

evaluate the effectiveness of different solution paths. Encouraging students to consider alternative approaches fosters flexibility, adaptability, and a deeper understanding of Authentic problem solving often involves collaboration and mathematical concepts. communication among students. Working together, students can share ideas, discuss solution strategies, and engage in productive mathematical discourse. Collaborative problem solving enhances students' communication skills, teamwork, and the ability to explain their thinking processes. Authentic problem solving helps students develop transferable skills that extend beyond mathematics. These skills include critical thinking, logical reasoning, data analysis, communication, and problem-solving abilities that are applicable in various domains and disciplines. Students learn to apply their mathematical knowledge and skills to solve complex problems in different contexts. Authentic problems are often challenging and inherently interesting to students. They stimulate curiosity, engagement, and motivation as students recognize the relevance and practicality of what they are learning. Authentic problem solving provides a sense of purpose and satisfaction when students successfully apply their mathematical knowledge to solve real-world problems.

By incorporating authentic problem solving in mathematics education, educators can create meaningful learning experiences that develop students' mathematical knowledge, skills, and critical thinking abilities. Authentic problems bridge the gap between theory and practice, enabling students to see the applicability and value of mathematics in their lives.

**Active Engagement:** PBL promotes active student engagement as they take an active role in analyzing problems, formulating strategies, and collaborating with peers to find solutions. Students become active participants in their learning, which enhances their motivation, curiosity, and ownership of the mathematical concepts and problem-solving processes. Active engagement refers to the active involvement and participation of students in the learning process. It goes beyond passive listening or observing and involves students in activities that require them to think, analyze, and interact with the content. Active engagement is a fundamental principle in effective teaching and has numerous benefits for student learning. Active engagement promotes student motivation by providing opportunities for hands-on experiences, problem-solving, and active participation. When students are actively involved in their learning, they are more likely to be motivated and invested in the subject matter. Active engagement facilitates a deeper understanding of the content. Through active participation, students are actively constructing knowledge, making connections, and applying concepts to real-world situations. This active processing promotes conceptual understanding and long-term retention of information. Active engagement nurtures critical thinking and problem-solving skills. Students are encouraged to analyze, evaluate, and synthesize information, make connections, and apply their knowledge to solve problems. Engaging in higher-order thinking tasks promotes cognitive growth and the development of analytical skills. Active engagement promotes better retention of information. When students actively participate in activities such as discussions, debates, hands-on experiments, or problem-solving tasks, they are more likely to remember and recall the learned material. Active engagement supports the encoding and retrieval of information, leading to improved retention.

Active engagement often involves collaborative learning activities, such as group work, discussions, or projects. Students learn to communicate their ideas, listen to others, collaborate, and work effectively in teams. These skills are vital for success in the workplace and in various social settings. Active engagement allows for personalized learning experiences. Students can actively explore topics of interest, pursue individual inquiries, and engage in self-directed learning. This individualization accommodates different learning styles, preferences, and abilities, promoting a more inclusive and student-centered learning environment. Active engagement can boost students' confidence and self-efficacy. When students actively participate and succeed in challenging tasks, they develop a sense of accomplishment and belief in their abilities. This positive reinforcement enhances their confidence and motivates them to take on further challenges. Active engagement supports the transfer of learning to real-life situations. By actively applying knowledge and skills to authentic tasks, students learn how to transfer their learning to new contexts and solve problems beyond the classroom. This transferability promotes the practical application of knowledge and helps students see the relevance of what they have learned.

Incorporating active engagement in teaching involves various strategies and instructional methods such as hands-on activities, problem-based learning, group discussions, project-based learning, simulations, and debates. By actively engaging students, educators create an interactive and dynamic learning environment that fosters student participation, critical thinking, and deep understanding of the subject matter.

Collaboration and Communication in PBL encourages collaborative learning, where students work in groups to solve problems. Through collaboration, students engage in discussions, share ideas, explain their thinking processes, and learn from one another. Collaborative problem-solving not only enhances students' mathematical understanding but also develops their communication and teamwork skills, which are valuable in real-life scenarios. Collaboration and communication play crucial roles in Problem-Based Learning (PBL). PBL emphasizes student-centered and collaborative learning environments, where students work together to solve problems or complete projects. Collaboration in PBL allows students to pool their knowledge, skills, and perspectives. By working together, students can tap into each other's expertise and experiences, which enriches the learning process. Collaborative problem-solving enables students to access a broader range of ideas, strategies, and resources than they might have individually.

Collaboration in PBL fosters social learning and peer support. Students engage in discussions, debate ideas, and provide feedback to one another. They learn from each other's approaches, challenge their thinking, and support each other's learning. Collaborative environments encourage active participation and create a sense of shared responsibility for learning. PBL provides students with opportunities to develop and refine their communication skills. Through collaborative activities, students learn to express their ideas, listen actively to others, ask clarifying questions, and articulate their reasoning. Effective

communication is essential for sharing and defending ideas, negotiating solutions, and building consensus within a group. Collaboration in PBL helps students develop teamwork and interpersonal skills. They learn to work collaboratively, delegate tasks, manage conflicts, and respect diverse perspectives. Collaboration requires students to build trust, practice effective teamwork, and develop interpersonal skills necessary for successful collaboration in real-world settings.

Collaboration in PBL encourages students to engage in critical thinking and reflection. Through discussions and interactions with peers, students are exposed to different viewpoints and alternate solutions. They learn to evaluate ideas, challenge assumptions, and engage in reflective dialogue that deepens their understanding and improves their problemsolving skills. Collaboration in PBL mirrors real-world problem-solving scenarios where collaboration is often necessary. Many real-world problems require multidisciplinary approaches, and collaboration enables students to tackle complex problems that go beyond the scope of an individual's expertise. Collaborative problem-solving in PBL prepares students for collaborative work environments they may encounter in their future careers. Collaboration in PBL enhances student engagement and motivation. By actively participating in collaborative activities, students have a sense of ownership and responsibility for their learning. Working together in a supportive and engaging environment fosters motivation, as students feel connected to their peers and see the value of collective efforts in problem-solving. To facilitate effective collaboration and communication in PBL, teachers need to establish clear expectations, provide guidance on effective teamwork and communication skills, and create a supportive learning environment. They can also incorporate structured protocols or guidelines for group work, provide opportunities for reflection and feedback, and facilitate discussions to ensure that all students actively contribute and benefit from the collaborative process.

Collaboration and communication in PBL promote active learning, critical thinking, interpersonal skills, and prepare students for collaborative problem-solving in real-world contexts.

Transfer of Learning: PBL promotes the transfer of learning by providing students with opportunities to apply mathematical concepts and skills in various contexts. As students encounter different problems and tasks, they learn to adapt their knowledge to new situations, recognize patterns, and generalize their understanding. This transferability of learning helps students develop a more robust and flexible mathematical foundation. PBL encourages students to reflect upon their problem-solving processes, monitor their understanding, and regulate their learning. Students develop metacognitive skills by identifying their strengths and weaknesses, evaluating their strategies, and making adjustments to improve their problem-solving approaches. These metacognitive skills foster self-directed learners who can monitor and manage their own mathematical thinking. PBL promotes long-term retention of mathematical concepts and skills. By engaging in problem-solving activities that require application and understanding, students develop a deeper and more durable grasp of the mathematical content. The active and meaningful learning

experiences in PBL contribute to long-term retention, as students connect new knowledge with prior knowledge and experience.

## Conclusion

Incorporating PBL in mathematics teaching requires careful planning, well-designed problems, and scaffolded support. Teachers act as facilitators, guiding students' learning, providing feedback, and fostering a positive learning environment. With its emphasis on authentic problem-solving, active engagement, higher-order thinking, collaboration, and transferable skills, PBL offers a powerful approach to teaching mathematics that prepares students for real-world applications and develops their mathematical competence.

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